



## MENU WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Cereal /Toast	Cereal/Toast	Cereal/Toast	Cereal/Toast	Cereal/Toast
<b>SNACK</b>	Banana	Orange	Melon	Strawberries/Raspberries	Blueberries/Bananas
<b>LUNCH</b>	Fish Pie	Cajun Chicken GF	Chilli Con Carne	Sausage	Pizza and wedges
	Maccaroni Cheese	Paneer Curry	Chilli Sin Carne	Quorn Sausage	Beans
	Peas	Sweet Potato	Parsnip Cake	Mash / Carrots	Icecream
<b>SNACK</b>	Flapjack / Cranberries	Corn on the Cob		Soup	
<b>SNACK</b>	Apple	Crumpets	Hummus, Breadsticks	Melon	Ritz Cheese Crackers
<b>DINNER</b>	Jacket Potato	Butternut Squash Soup	Cheese and Ham Sandwiches	Frittata and Beans	Tuna / Cheese Wraps
	Beans and Cheese	Fruit / Yogurt	Fruit / Yogurt	Fruit / Yogurt	Fruit / Yogurt
	Fruit / Yogurt				

Gluten Free GF Options Available

Vegetarian Alternative V

Vegan Options Available