



MENU WEEK FOUR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal /Toast	Cereal/Toast	Cereal/Toast	Cereal/Toast	Cereal/Toast
SNACK	Oranges	Melon	Apple	Strawberries/Blueberries	Banana
LUNCH	Tomato and Basil Pasta V Peas Vegetable Soup V, GF	Roast Chicken Vegetables and Potatos Maccaroni Cheese Shortbread and Custard	Vegetable Canneloni V Yogurt	Chicken Curry Paneer Curry Rice Soup	Fish Friday Quorn Sausages Mash, Beans Icecream, jelly
SNACK	Banana	Sardines and Crackers	Melon	Crumpets	Melon
DINNER	Oatcakes with Cheese Beans Fruit / Yogurt	Savoury Muffins Beans Fruit / Yogurt	Soup and croutons Fruit / Yogurt	Jacket Potato with Cheese Fruit / Yogurt	Ham / Cheese Sandwich Fruit / Yogurt

Gluten Free GF Options Available

Vegetarian Alternative V

Vegan Options Available